## Truths that Create Freedom Truth #3: The Battle is for the Mind

Freedom starts with a new mindset. One, not focused upon gratifying the sinful nature, but one devoted to loving God.

Philippians 2:5

Why is the battleground for freedom in the mind?

2 Corinthians 10:5; Philippians 4:8

- Thoughts become attitudes.
- Attitudes become actions.
- Actions become habits.
- Habits eventually determine either your freedom or bondage.

Freedom is the by-product or the fruit (harvest) of what you plant.

- You harvest what you plant.
- You harvest after you plant.
- You harvest more than you plant.

Galatians 6:7-10

Renew your thoughts and plant your actions.

Philippians 2:5; Romans 12:1-2

What should you be thinking and doing that will produce spiritual freedom?

## Galatians 5:22-25

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-control