

A Revolutionary Faith:
A Secure Faith in an Anxious World
Matthew 6:25-34

Anxiety is primarily a spiritual problem.

Breaking free from worry, anxiety, and depression does not start with you. It starts with knowing God.

Living without anxiety starts with knowing who God is.

- God is omnipotent.
- God is creator and sustainer.
- God can be your Heavenly Father.
- The Father's love for you is undeniable.

1 John 3:1-3

Jesus points out 2 failures of worry and anxiety.

- Worry itself cannot accomplish anything.
- Worry is the twin of unbelief.

Living without anxiety is built upon an understanding of the true meaning of life.

What is our purpose? Who gives our lives meaning? What is it that conquers anxiety?

Since you now know God, seek the kingdom of God and His righteousness.

And, consequentially, you win! You conquer!

Romans 8:37-38